#### AJWAIN FLORA HONEY

Ajwain is well known for its health benefits. These benefits are transferred to Ajwain flora Honey.



- Aids digestion by resolving gastrointestinal problems.
- Its antibacterial properties help in easing cold, cough & sore throat.
- It helps in suppressing hunger pangs aiding in weight control/weight loss.



#### SHESHAM FLORA HONEY

Shesham is used in Ayurveda medicine for it's many properties.

- Aids easing toothache and gum problems.
- It eases stomach pain helping in digestion.
- Eases menstrual cramps and problems.
- Helps reduce blood pressure helping in blood circulation.

#### SAUNF FLORA HONEY

Saunf is a good source of calcium, vitamin C, magnesium, potassium and manganese.



- Helps in good digestion & eases flatulence(Gas).
- Acts as an antacid.
- Has good laxative properties.
- Helps in weight loss by suppressing hunger.



# EUCALYPTUS FLORA HONEY

Eucalyptus contains antioxidants and is a natural relaxant.

- Eases symptoms of cold and cough.
- Helps easing pain.

Good for healthy teeth and gums.

#### FOREST FLORA HONEY

It has a great taste and is moderately sweet and has medium-dark amber color.

- Rich in antibacterial properties.
- Eases sore throat.
- Helps lowering blood sugar levels.
- Helps Weight management.



## LYCHEE FLORA HONEY

Lychee is a good source of vitamin

- C & B-complex. It also contains flavonoids
& phytonutrients along with copper,
iron, folate, magnesium & manganese.

- Helps in formation of RBC.
- Aids in maintaining sodium levels.
- Lowers blood pressure.
- # It lowers inflammation.

### CORIANDER FLORA HONEY

Coriander provides us with dietary fiber. It is rich in vitamin C and protein, manganese, iron & magnesium.



- Regulates blood pressure and improves blood circulation.
- Protects liver & prevents nausea.
- Prevents acidity and ulcers.
- Relieves constipation.

# TORKY .

# JAMUN FLORA HONEY

Jamun is loaded with vitamin C and Iron.
Rich in Vitamin A & good source of potassium
has antibacterial, anti-infective and
anti-malarial properties.

# Beneficial of healthy eyes & skin.

- Good for heart health.
- # Improves hemoglobin count.
- Prevents infections.
- Good for diabetics.



# NEEM FLORA HONEY

Neem in Ayurveda medicine is used for eye disorder, bleeding nose, intestinal worms, loss of appetite, skin ulcers, cardiovascular diseases, fever.

- Lowers blood pressure.
- # Healing itching skin
- # Helps easing fever.
- Good for eyes.
- Good source of antioxidants.



Mustard has remarkable amounts of calcium, copper, vitamin C, A & K it is a good source of fiber, selenium, magnesium and manganese.



- Helps lowering cholesterol levels.
- Aids maintaining blood sugar levels.
- # High in nutrient value.
- Beneficial for cardiovascular health.

# ACACIA FLORA HONEY



Acacia gum helps easing stomach and throat irritation.
Good for healing wounds and execllent source of water soluble fibers.

- Rich source of antioxidants & thus immunity booster.
- Helps healing topical wounds.
- Eases stomach irritation.

#### MULTI FLORA HONEY

It has a rich & strong taste and is the most common Honey. It is produced by a variety of crops, flowers & herbs.



- # Good for anemia & allergies.
- Mourishing effect on the skin.
- A natural alternative to sugar.



# DRUMSTICK FLORA HONEY

Drumsticks are rich in antioxidants & bioactive compounds. Packed with nutrients.

- Latest listed superfood.
- Good for lowering blood sugar levels.
- A powerhouse of antioxidants
- Enhances gallbladder function.

#### TULSI FLORA HONEY

Tulsi is a rich source of oxidants that help in lowering stress levels. Tulsi facilitates treating most diseases.



- Boosts your immune system
- Helps easing cough, cold & sore throat.
- Eases fever and lower infections.
- Memory enhancer, energy booster.

DRUMSTICK FLORA HONEY

CORIANDER FLORA HONEY

ALFAFA FLORA HONEY

SESAME FLORA HONEY

SUNFLOWER FLORA HONEY

BERRY FLORA HONEY





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No Preservatives **No Added Flavours No Added Sugars No Added Colours** 





